

**Los Alamitos High School Athletics  
Sixth Period Release Form**

Students who play sports are enrolled in sixth period athletics, which runs daily from 1:36-2:30pm. In some sports, multiple teams require the use of the same facility, which forces teams to have a variety of practice times. In the spring, several teams begin practice for the next school year, while others finish out the school year. In an effort to meet the needs of all the programs, the school provides an early release form, which enables students to leave campus at 1:30pm. This process gives the students extra time for studying, especially if the student must return for an evening practice or game. Each of these signed forms is kept on file by the varsity head coach of respective programs. If a parent does not give consent for a student to leave, the student is required to remain in the athletic area until 2:30pm.

Student Name \_\_\_\_\_ Sport \_\_\_\_\_

I hereby give permission for my son/daughter to leave school at 1:30pm. I understand he/she must leave campus at this time or report to the athletic area on campus.

Parent Name \_\_\_\_\_ Signature \_\_\_\_\_

Coach Initiated/Coach Signature \_\_\_\_\_

Administrator Signature \_\_\_\_\_  
*\*Practice Schedule Attached*